

September 2011

Oswego CUSD #308
Elementary Breakfast Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Start your day off right with Breakfast

EVERYDAY Entrée selections include:

- Bagels – Waffles – Whole Grain Pancakes – Reduced Fat Muffins
- Cereal – Yogurt & Fruit Parfaits – Toast with Sun Butter
- String Cheese – Breakfast Bars (Team Cheerios, Cinnamon Toast Crunch) – Granola Bars (Oats n Honey)
- Whole Grain Cinnamon Rolls on Fridays

Choose an entrée and complete your breakfast with a choice of fresh fruit, canned fruit or 100% juice and choice of lowfat or skim milk.

Breakfast is \$1.50 or .30 Reduced

Students enter the building and come straight to the café for breakfast!

More Info...

We serve:

- Lender's Bagels
- Aunt Jemima WG Pancakes
- and French Toast Sticks
- Aunt Jemima Waffles
- Dannon Yogurts
- Otis Spunkmeyer Reduced Fat & WG Muffins
- Reduced Sugar Cereals
- Whole Grain, Enriched White Breads

Our canned fruit is packed in juice or water with no added sugar.

We only serve 1% white or skim or fat free chocolate milk.

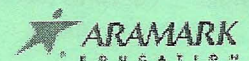
Free or Reduced Meals... If you receive free or reduced lunch, *you are also eligible for free or reduced breakfast*



Please feel free to contact us with any questions or concerns.

Linda Porth, Food Service Director
630-636-3961 or porth-linda@ARAMARK.com

Menus are subject to change without notice.



Nutrition Info.....



